



Princeton Buddhist Meditation Group ▪ Practice and Study Schedule



JULY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1ST SAT SIT 9:00 AM-12:00 PM DHARMA DVD 1:00-3:00 PM
2 Meditation & Contemp. 12:30-2:00 PM	3	4	5	6 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	7	8
9 Intro to Med'n 11:15 AM Med./Contemp. 12:30-2:00 PM	10	11	12	13 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	14	15
16 Meditation & Contemp. 12:30-2:00 PM	17	18	19	20 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	21	22
23 Meditation & Contemp. 12:30-2:00 PM	24	25	26	27 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	28	29
30 Meditation & Dharma DVD 12:30-2:00 PM	31					