



**Princeton Buddhist Meditation Group—
Practice and Study Schedule**



September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 MOVIE NIGHT: TBA 7:00-9:00 PM	3	4 NYINTHUN 9:00 AM-1:30 PM DHARMA DVD 1:30-3:00 PM
5 Meditation & Contemp. w/Ani Trime 12:30-2:00 PM	6	7	8	9 Sitting/Class: <i>The Four Reminders</i> 7:30-9:00 PM	10	11
12 Med'n Instruction 11:30 AM Med./Contemp. 12:30-2:00 PM	13	14	15	16 Sitting/Class: <i>The Four Reminders</i> 7:30-9:00 PM	17	18
19 Meditation & Contemp. w/Ani Trime 12:30-2:00 PM	20	21	22	23 Sitting/Class: <i>The Four Reminders</i> 7:30-9:00 PM	24	25
26 Meditation & DHARMA DVD 12:30-2:00 PM	27	28	29	30 Sitting/Class: <i>The Four Reminders</i> 7:30-9:00 PM		