



Princeton Buddhist Meditation Group ▪ Practice and Study Schedule



NOVEMBER 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Sitting/Class: 100 Verses 7:30-9:00 PM	3	4 1ST SAT SIT 9:00 AM-12:00 PM DHARMA DVD 1:00-3:00 PM
5 Meditation & Contemp. 12:30-2:00 PM	6	7	8	9 Sitting/Class: 100 Verses 7:30-9:00 PM	10	11
12 Intro to Med'n 11:15 AM Med./Contemp. 12:30-2:00 PM	13	14	15	16 Sitting/Class: 100 Verses 7:30-9:00 PM	17	18
19 Meditation & Contemp. 12:30-2:00 PM	20	21	22	23 Thanksgiving Sitting 10:00am-noon NO PM SESSION	24	25
26 Meditation & Dharma DVD 12:30-2:00 PM	27	28	29	30 Sitting/Class: 100 Verses 7:30-9:00 PM	Special sittings offered: 10am-noon AND 1-3pm, 11/24-25	