



Princeton Buddhist Meditation Group ▪ Practice and Study Schedule



AUGUST 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	4	5 1ST SAT SIT 9:00 AM-12:00 PM DHARMA DVD 1:00-3:00 PM
6 Meditation & Contemp. 12:30-2:00 PM	7	8	9	10 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	11	12
13 Intro to Med'n 11:15 AM Med./Contemp. 12:30-2:00 PM	14	15	16	17 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	18	19
20 Meditation & Contemp. 12:30-2:00 PM	21	22	23	24 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM	25	26
27 Meditation & Dharma DVD 12:30-2:00 PM	28	29	30	31 Sitting/Class: <i>Salty Dharma</i> 7:30-9:00 PM		